



Rhema Christian Ministries
Changing & Affecting Lives

In This Issue

[Purpose by Design](#)

[New Beginnings, New Health Strategies - Part 2](#)

Quick Links

[Rhema Today Broadcast](#)

[Become a Partner](#)

[Rhema En Español](#)

[Rhema Ottawa](#)

[Rhema Calgary](#)

[Contact Us](#)

[Join our Mailing List!](#)

Weekly Services

Bible Studies & Prayer

Wednesdays
7:00pm - 9:00pm

Upcoming Events

**RHEMA IS COMING TO A
CITY NEAR YOU!**

Vancouver, BC
May 18, 2008

Montreal, QC
July 20, 2008

Halifax, NS
November 9, 2008

© Senior Pastor Orim M. Meikle

"O come, let us worship and bow down: let us kneel before the Lord our maker" (Psalm 95:6)

Grace and peace to the ever increasing global family of Rhema Christian Ministries, in the name of our Lord Jesus Christ.

It is with great excitement that I welcome you to the month of March. With spring on the horizon we are entering a time of worship like no other that this world has ever seen. It is Worship Month across the Rhema organization, and in ever place the glory of God is rising through worship.

As I stated in February's newsletter, God is shifting His people; a shift that will intensify global worship. In fact the whole world is being filled with glory! It's happening right now as every tribe and tongue confesses the worthiness of the one true and living God.

As you worship this month, I want you to consider some facts about worship:

His Worth - You and I cannot fully comprehend the worth or value of God. It is only through worship that the true worth of God will ever be realized. His worthiness is as an infinite stream; this is why David states, "I will bless the Lord at all times: His praise shall continually be in my mouth" (Psalm 34:1). When we worship we are saying, God you alone are worthy! (Revelation 4:11).

His Words - Another reason for worship is the revealed word of God. His words when received in faith will prompt the spirit of praise to break forth. You only need one word from the Lord to counter every activity of the wicked one. When we worship, our gratitude and honor for His word goes forth, (Psalm 56:10).

His Works - Finally, the worship of God is for and by all of His



works. Creation was brought forth to worship. As creatures it is only proper that we bow in worship before our Creator. Every created thing that has breath has been called into worship. When creation worships we are acknowledging the fact that it is He who has made us and not we ourselves, (Psalm 103:22)

I would also like to invite you join us Easter Sunday March 23, 2008 for Resurrection Sunday as we come together for an explosive time of worship. This year we will be featuring our Music & Worship Arts Team (the choir, the symphony, the dancers, the singers and the players of instruments). The nations of the earth will also be represented in this sovereign moment of worship. If you need more information simply log on www.rhemaonline.ca and click Resurrection Sunday.

What more can I say but --- Oh, magnify the Lord with me and let us exalt His name together!

Have the most productive month possible and as always God's best to you!

Advancing the Vision,

Your Pastor, Orim M. Meikle

Pastor's Blog
Invitations to Pastor Orim M. Meikle

*Join us in prayer as this
great vision unfolds*

This Month @ Rhema

Vision Monday
March 3, 2008

Fellowship Wednesday
March 26, 2008 @ 7:00pm

Calling all Writers



If you are a scribe of Poetry, Fiction, Non-Fiction, Articles, Youth-oriented content, other forms, let us hear from you.

Contact us for guidelines
info@rhemaonline.ca

Join us for Resurrection Sunday 2008

JOIN PASTOR AND FIRST LADY ORIM M. MEIKLE & RHEMA MINISTRIES FOR...

RESURRECTION SUNDAY

"WE SPEAK TO NATIONS"

40 Carl Hall Road, Toronto Ontario, M3K 2C1
(Downsview Park) Studio 3

DOORS OPEN AT 10:00AM - SERVICE BEGINS AT 11:00AM
FOR MORE INFORMATION: 1-877-RHEMA-75 / WWW.RHEMAONLINE.CA

Purpose by Design

Contributing writer - © Dimitri Boweya-Ngombo



The very entry of Jesus into this world commanded worship. We see such a picture, as three wise men sought the whereabouts of the new King after having traveled from far bringing various gifts in honor of Jesus. This picture was so impressive that Herod himself, though maliciously, also offered to pay homage to the new King. In the coming of the King, we see some great insights into the purpose of worship.

1. **Worship gathers a community.** Not only did the worship of wise men reveal God to Israel but it also revealed a new community of believers devoted to the manifestation of our Redeemer: Joseph, Mary, the wise men and the stars all over Jesus. Similarly we see that in the Old Testament it was the worship of God that gathered all animals and men around Noah in the ark.

2. **Worship exposes our adversaries and allies both visible and invisible.** Herod was a 'friendly' ruler in Israel until Jesus showed up. Rachel's children were in his court without knowing that they were in the company of a potential enemy. Similarly, Job became the center of a conversation between God and the devil just as he was identified as a fervent worshipper.

3. **Worship reveals the superior power of God among us.** God had already entered Israel yet people in Mary's dwelling were completely unaware. It took the worship of the wise men to reveal to Israel that God had already made changes in their landscape. It was the same type of worship that shook the walls and doors of the building in which Paul and Silas had found themselves chained.

These three functions are reminiscent of what John saw in heaven and what Jesus spoke of when he said 'as it is in heaven.' As a matter of fact, from the beginning of Jesus' life on earth and until His last days, He showed us that we are not translated into the wonderful light of God to carry titles and crowns but rather created to worship or bow down before God. When we do this; worship then serves to reveal, gather and expose powers at play around us.

Worship is not something one can understand through academic studies but rather something whose purpose and benefits are only revealed to those who embrace it.

New Beginnings, New Health Strategies - Part 2



Contributing writer - © Cathy Morenzie

Don't let your mind defeat you in 2008. Declare the Word through your thoughts, words and actions throughout this year of new beginnings, as you continue growing in excellent health. Here's how:

1. Make a conscious effort to not engage in negative discussions with other's about issues you dislike about yourself. Women especially like to compare cellulite, stretch marks and sagging. Avoid these topics if they are self-deprecating. Better yet, use the word of God to declare better health in your life. Declare the Word!
2. Find creative ways to nurture your body. Rest, go for a walk, have a massage. Meditate on how your body allows you to experience life's greatest pleasures. Focus on how your body functions- go for a workout and feel the power of your muscles working and your heart beating. Listen to inspirational music; find creative ways to stimulate all of your senses.
3. Minimize your exposure to fashion magazines, music videos, fashion TV, or anything else that presents an unrealistic view of our body. These images are not real. Air-brushing, make-up artists and lighting gives us unrealistic body-images. Experiments have shown that people become significantly more dissatisfied with their own appearance after being shown TV ads featuring exceptionally slim and beautiful people.
4. Ladies especially, avoid scales (1x per week maximum), mirrors and asking people if you look fat in a certain outfit. You are so much more than your body. Your mood should not be determined by a number, a faulty image or someone else's opinion.
5. Only wear clothes you feel good in. Are you hanging on to a pair of jeans because you paid

a small fortune for them but they are not flattering to your appearance? Or maybe you just have not rotated your clothes so you keep wearing a dumpy old shirt even though it doesn't work for you. Get rid of it. Do an inventory of your wardrobe. Decide that you will only wear clothes that you feel good in.

6. Stay conscious of your negative self-talk. It will take a bit of work in the beginning, but you will eventually get better results by refocusing your thoughts. Become conscious of comparing yourself to others. This is also a form of negative self-talk. Whenever you find yourself obsessing about something you dislike about your body, say something positive to counteract the negative thought. See yourself as God sees- you-perfect and complete; lacking nothing.
7. Choose to never diet again. Dieting to lose weight is an illusive myth. Ninety-five percent (95%) of dieters gain the weight back eventually (Barbara Cohen, Ph.D., "*The Psychology of Ideal Body Image as an Oppressive Force in the Lives of Women*,"1984). Once the diet is finished, most dieters usually put the weight back on plus a bit more. Focus on healthy, balanced eating instead.
8. Remember-'it's not about you.' We can sometimes exaggerate our own importance. We work long hours because we feel we have to; we push our bodies to dangerous limits all in the name of God's work. Someone once said 'If there's not enough time to do everything, then we're doing things that God has not called us to do.' God did not call us to work ourselves to death. 'Choose life' says His Word!
9. Take some time and write out scriptures that confirm your magnificence in the Lord's eyes. You were made in the image of God and He makes only quality goods. Post it on your bathroom mirror and use it as a weapon against any negative thoughts or lies about yourself that the enemy might try to tell you.
10. Imagine how absurd it would be if a geranium tried to be a marigold or a daffodil. Yet, we try to change our bodies to look like something God did not create us to be. Remember that you were created to be you for a distinct purpose. Revel in your uniqueness!

Worship with us each and every Sunday

[Toronto - English](#)

8:30am & 11:30am EST

[Rhema en Español](#)

10:00am EST

[Rhema Ottawa](#)

11:30am EST

[Rhema Calgary](#)

12:30pm MT

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to rnl@cmspro.com, by info@rhemaonline.ca
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Rhema Christian Ministries | PO Box 30123 | Downsview | Ontario | M3J 3L6 | Canada

Email Marketing by

