



KINGDOM CITIZEN

NEWSLETTER

Changing & Affecting Lives

Health Possibilities

Issue 17 Volume 2

June 2007



"Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth" (3 John 2)

To all my sons & daughters, partners & supporters of Rhema Ministries, grace to you and peace from God our Father through the name of our Lord Jesus Christ.

Welcome to the month of June where our focus at Rhema will be on Health Possibilities. Our goal for this month is to spend some quality time looking at the possibilities as well as the promises which can only be discovered through a healthy and balanced lifestyle.

Over the centuries the Christian church has been accused of being imbalanced in that our primary focus has been the matter of the spirit. We are however, not just spirit, but rather we are a threefold composition of spirit, soul and body. In order for us to experience the full life, each component must be given its due attention and dare I say, each component must be healthy. This month the focus will be on the outer dimension called the body. Here are three important facts to know about your body:

The Body is Marvelous - The human body is a marvelous and complex work of a Sovereign Creator. It has been skillfully sculpted by God using the elements of the earth. Fashioned in the same manner as a potter would shape a vessel of clay and then animated with the breath of God, the human body is a masterpiece of anatomical genius (Psalm 139: 14).

The Body Must Be Managed - You and I have been given the great responsibility of taking care of this great gift called our body. We are not simply here to live, but we are called to be stewards of, in and over life. The body must be managed well and that job description falls squarely into the lap of the person who lives in that body. Taking care of your body is in fact taking care of yourself (1 Corinthians 6: 19-20).

The Body Must Be Maintained - A properly managed body will lead to a satisfying and lengthy life. Though we teach that God ultimately determines the lifespan of an individual, please be aware that long life is also connected with one's health. There is a beautiful partnership between a God who knows the length of our days and the person who maintains the health of their body (Psalm 91: 16).

I encourage you to join with us this month as we make a conscious effort to promote health awareness because we will only be as successful as our bodies allow us to be. An unhealthy body will always lead to an unhealthy life. Remember that God desires for you to be healthy; so why not agree and take the necessary steps to ensure that health. Walk, run, cycle, swim; drink or eat; whatever you do today stay healthy in Jesus name.

As always my prayer for you is that you will be whole in your spirit, soul and body; and that the increase of God will be experienced in every area of your life, in the name of Jesus Christ, Amen!

Advancing the Kingdom Vision,

Your Pastor, Orim M. Meikle

How to be Fruitful

In This Issue

...Unless a kernel of wheat falls into the earth and dies, it remains by itself alone. But if it dies, it bears much fruit. (John 12:24).

Jesus had just entered Jerusalem and people had taken off their garments and spread them on the streets for him to ride on; they were waving palm branches and shouting: 'Hosanna to the Highest'. He was at the pinnacle of his career in terms of human acclamation. Yet at this very time, Jesus tells his disciples, 'unless a grain of wheat falls into the ground and dies, it will not bear much fruit.'

It is as if Jesus is saying don't use man's scales to measure the success of the work you are now doing. Do not look at what happens in the natural to gage the level of your productivity. The question is 'Have you died yet?' If you haven't yet died then you are only one seed and your productivity has not reached its zenith.

But how do you die? By being in tune with God to know the appointed times of death in your life. Jesus died by accepting the moment of death. He submitted himself to the people and circumstances because he had been walking closely with God and knew that his time for productivity had come. He was in agony, but when his antagonists came for him he went with them willingly to die. We are the fruit of that death.

You die by keeping close to God and not running from the test that he is allowing you to go through; by humbling yourself and submitting to His will even when you don't understand. If you keep resisting you will not die: you have to let yourself die: you must choose to die.

A dead man has no pride or self-consciousness. So if you complain and insist on standing up for your own rights, you will miss when your opportunity comes to die. And if you don't allow yourself to die, you surely will die, nonetheless. But no fruit will remain. Choose to die that your fruit will last.

Fay Davidson

Transition - From One Level to the Next :Part 1

The word of promise - whether prophetic or from the pulpit - is always very popular, yet the entrance into promise through the wilderness is not embraced as readily. More often, we want to talk about *'getting out'*, rather than *'what are we supposed to do when we are there'*

While we don't want to stay in the wilderness, it is a necessary part of the journey as we are released into the promises of God and we are brought from one level to the next. This movement is not about making a home in the wilderness, but it is a season of transition.

Take a practical example for instance. The idea of moving from a rented apartment to owning a new home is both desirable and Biblical. To make this happen, there are requirements for that transition such as building your savings, shopping for a mortgage, putting in a bid for the house, packing and unpacking, painting and other repairs. All of this can push you to your limits, but they are the realities of turning *that house* into *your home*.

The most referenced Biblical example of transition is that of the children of Israel moving from Egypt, through the wilderness, into the land promised by God to Abraham. This relates to us as we now are as the children of Israel: *And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.* (Galatians 3:28-29)

The wilderness is often seen as a tough place to be, characterized by the scripture: *And the people spake against God, and against Moses, Wherefore have ye brought us up out of Egypt to die in the wilderness? for there is no bread, neither is there any water; and our soul loatheth this light bread.*

How to be Fruitful
Transition - From One Level
to the Next : Part 1

The Kingdom of God a
Dynamic Reality
Calling all writers...

**Rhema is on the
move...**



Join Pastor & First Lady
Meikle for Sunday worship
service at the Toronto
Congress Centre in the
month of June:

Where: 650 Dixon Rd.
When: June 10th & 24th
For more info contact:

1-877-743-6275
[Rhema service locations](#)

Quick Links

[About Us](#)
[Rhema Today](#)
[Broadcast](#)
[Worship Schedule](#)
[Invitations to Pastor](#)
[Orim M. Meikle](#)
[Kingdom Citizen](#)
[Archives](#)

**Mid Week services
CANCELLED**

Bible Studies & Prayer
Meetings are cancelled for
the month of June!

**War Room V -
National**

(Numbers 21:5)

While it is a challenging place, it is also a place where God remains as our provider: "Yea, forty years didst thou sustain them in the wilderness, so that they lacked nothing" (Nehemiah 9:21).

What is then required of us while in transition?

...to be continued

Chris Penrose

The Kingdom of God a Dynamic Reality

"And Elijah went to the top of Carmel; and he cast himself down upon the earth, and put his face between his knees" 1 Kings 18:42 KJV
[more...](#)



Calling all writers...

Words "Change and Affect Lives." Embracing the liberty attributed to us by our relationship with Jesus Christ creates an environment to be a conduit for the illumination and transmittal of truth. We as kingdom citizens are to reflect the world back to itself from this unique vantage point. We want to hear from our writers. If you are a scribe of Poetry, Fiction, Non-Fiction, Articles, Youth-oriented content, other forms, let us hear from you.

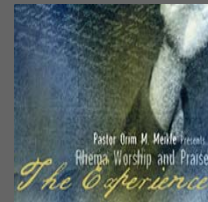
CONTACT US AT: info@rhemaonline.ca for guidelines



Join us on **June 29, 2007** for the War Room V in Toronto, Ottawa & Calgary as we meet for corporate prayer for our cities, government and our great nation of Canada. For more information please contact us

1-877-743-6275

The Experience CD



Welcome to the Experience!

A new sound from Rhema's worship team :

Rhema Worship & Praise
[Listen to "wealthy place"](#)

Purchase this and more from our [Rhema World e-store](#)

Our Price: \$17

Upcoming Events

Father's Day at the International Caribbean Business Fair : International Convention Centre - 6900 Airport Rd - Hall 5

The War Room V - June 29th : Toronto | Ottawa | Calgary

Contact Information

Rhema Christian Ministries
Email: info@rhemaonline.ca
Web: www.rhemaonline.ca